

A SAMPLER OF NATIVE PLANTS

The table below lists a sampling of native plants and their habitat benefits. You can see and learn about many more options by visiting the garden at the Methow Valley Interpretive Center and the Methow Natives nursery. Try visiting the garden in the middle of a summer day to see an astonishing variety of pollinating insects at work.

<b>Name</b>	<b>Type</b>	<b>Bloom season</b>	<b>Blossom color</b>	<b>Habitat benefits</b>
Ponderosa Pine	Evergreen tree	Late spring	Male, yellowish; female, reddish-purple	Seeds for birds & small mammals; nesting & shelter for various animals; butterfly host plant
Douglas Maple	Deciduous tree	Early spring	Yellowish green	Nectar for bees; seeds, nesting & shelter for birds & small mammals; butterfly & moth host plant
Chokecherry	Deciduous small tree/large shrub	Late spring	Creamy white	Nectar for butterflies, bees, & ants; berries for birds, small mammals, & bears; cover & nesting habitat for birds
Serviceberry	Deciduous small tree/large shrub	Spring	White	Nectar for butterflies & hummingbirds; berries for birds, chipmunks, & bears; cover for small mammals & birds; host plant
Wax Currant	Deciduous shrub	Spring	Pink to white	Nectar for bees, butterflies & hummingbirds; fruit for birds; host plant
Wood's Rose	Deciduous shrub	June	Pink	Nectar for butterflies & hummingbirds; fruit for many birds & mammals, including deer, bears, & coyotes; nesting & escape cover for birds & small mammals; host plant
Snowberry	Deciduous shrub	Late spring-summer	Pink to white	Nectar for hummingbirds & bumblebees; berries for birds; shelter & nesting cover for birds & small mammals; host plant for sphinx moth; browse for wildlife
Tall Oregon Grape	Evergreen shrub	Spring	Yellow	Nectar for butterflies, mason bees, & hummingbirds; fruit for many birds & other fruit eaters including foxes & raccoons; cover for small animals

<b>Name</b>	<b>Type</b>	<b>Bloom season</b>	<b>Blossom color</b>	<b>Habitat benefits</b>
Low Oregon Grape	Low evergreen shrub	Spring	Yellow	Nectar for Anna's Hummingbirds; fruit & cover for small birds & mammals
Kinnikinnick	Groundcover	Spring	Pink	Nectar for butterflies, bees, hummingbirds; fruit for ground-feeding birds & game animals; host plant
Western Yarrow	Perennial	Spring, early summer; may bloom again in fall	White	Nectar for butterflies, bees, & other beneficial insects; seeds & leaves for birds; host plant
Snow Buckwheat	Perennial	Fall	White to light pink	Food source for bees, butterflies, moths, mule deer; cover for small birds & mammals; butterfly host plant
Blanket Flower	Perennial	Summer	Red & yellow	Pollen & nectar for bees, butterflies, & other pollinating insects; seeds; shelter for pollinators, other wildlife; butterfly & moth host plant
Silky Lupine	Perennial	Spring	Purple	Nectar for butterflies & hummingbirds; pollen for native bees; seeds & cover for small birds & mammals; butterfly host
Basin Wildrye	Grass	Late spring to early summer	Green, turning straw-colored to tan	Winter & spring feed for deer; seeds for songbirds & small rodents; cover for small animals & birds
Idaho Fescue	Grass	Mid-spring to early summer	Yellow/cream	Spring forage for deer; seeds for songbirds & small mammals; butterfly host